

## Vic Skeptics August 2021

# Alt-Med

by Ken Greatorex

1		la.	1	1	12	1	1	la .		l-	lc	ı	7	I		T	lo	1	0	ı	40	1	1 4		1	
1		2			3			4		5	6		,				8		9		10		11			
12		13		14						15		16				17										18
					19		20						21	22												
23																24		25						26		
										27	28					29										
	30		31	32	-	33			34											35			36			
		37							38				39	40												
41			42										43									44				
			-		45		46			47						48				49		Ĭ.,				
					43		+0			+/						H0				+3						
50									51					52												
			53	54									55							56						
									57					58												
		59											60											61		
62							63								64				65		66					67
												68														
												69		70			71		72	73						
		74							75								76									
77											78					79			80					81		
				82		83		84										85								
86								87		88				89							90					$\vdash$
						91																				
92					93			94	95					96						97						98
32					93			34	99					30						<i>J</i> 1						50
							99																			
100									101		102					103								104		
				105							106									107						
													1	 						L						لــــــــا

#### **ACROSS:**

- 2. & 5 across: Medical scam in which the perpetrator appears by sleight of hand to remove diseased tissue directly through the patient's skin without incision [7, 7]
- 5. See 2 across
- 8. Those who act in contradiction to their stated beliefs or feelings [10]
- 12. The powdery residue of a fire [3]
- 14. Alt-med: system of massage based on the theory that there are reflex points on the feet, hands and head linked to every part of the body [11]
- 17. What homeopaths call orthodox medicine; as opposed to "isopathy" = "homeopathy" [9]
- 19. Use of fragrances to affect mood or behaviour [12]
- 23. Financial gain representing the difference between the amount earned and the amount spent.
- 24. Much overused buzz-word which implies that products sourced from the physical world are innately preferable to man-made products [7]
- 26. Make a mistake [3]
- 27. Metal favoured by those who tout the wearing of a bracelet to cure arthritis [6]
- 29. Fermented beverages [4]
- 30. Alt-med diagnosis by examination of the iris of the eye [9]
- 36. Flaccid [4]
- 37. Popular small cake made from flour, fat and milk [5]
- 38. "\_\_\_\_\_\_ Salts" a.k.a. magnesium sulphate [5]
- 40. Solid substance in which the repeating regular 3D array of atoms or molecules extends throughout the sample [7]
- 42. Element 76's symbol [2]
- 43. Mimic [3]
- 45. Behaviour typical of a clumsy or unintelligent man [6]
- 49. "\_\_\_\_\_\_ irrigation", a.k.a. "enema" [7]
- 50. Cab [4]
- 51. Understood or implied without being stated [5]
- 52. Brightly coloured flowering plants of the buttercup family [7]
- 53. Unpleasantly cold sensation [5]
- 55. Spirit [3]
- 56. Italian game similar to bowls [5]
- 57. & 58 across: Poppycock, bunkum; a term used particularly in relation to many dubious commercial alt-med remedies [5, 3]
- 58. See 57 across
- 60. The Sun [3]
- 62. Reached an apex in performance [6]

- 63. Situations or data points which reflect that which is usual, typical or standard [5]
- 64. Repasts [5]
- 66. Popular fruit [6]
- 69. Japanese therapy in which pressure is applied to certain points on the body with the hands [7]
- 72. Repulsiveness in appearance [8]
- 74. Fake, humbug, impostor [9]
- 76. Knitting stitch [4]
- 77. Spoken vote in the affirmative [3]
- 78. Produced a child (possibly an heir) by sexual reproduction [5]
- 80. Relating to or resulting from sexual pleasure [8]
- 82. Popular sauce in Chinese cuisine resulting from fermentation of soy beans [6]
- 85. A trough for washing ores [3]
- 86. Unsatisfactorily, inadequately, unsuccessfully, without skill [5]
- 87. Set of cooking instructions [6]
- 89. Japanese no-touch palm healing [5]
- 90. Quietude [4]
- 91. Flying saucer, for example [3]
- 92. Precipitated frozen water [6]
- 94. Criticise constantly [3]
- 96. Traditional Chinese Medicine (usual abbreviation) [3]
- 97. People of learning; particularly used for those who exhibit exceptional skill or brilliance in some limited field, (e.g. maths or music) while possessing a mental disability such as autism [7]
- 99. Viper [3]
- 100. Of a physical phenomenon involving attraction and repulsion, much abused by alt-med, particularly in relation to arthritis, etc. [8]
- 101. Multiple requests for positive intercession by a deity [7]
- 103. & 104 across: a.k.a. ascorbic acid, wrongly touted for efficacy in relieving colds and influenza symptoms [7, 1]
- 104. See 103 across
- 105. Spindle [4]
- 106. The theory behind acupuncture relies on these "energy channels" although they've never yet been demonstrated [9]
- 107. Never appearing to grow old or become dated [7]

#### DOWN:

- 1. Essential apparatus for tasseography [6]
- 3. Complementary therapy to remove calcium from hardened arteries [9]

- 4. When used in topical medicine or cosmetically, an alternative term for an unguent or ointment [5]
- 6. Internet address [3]
- 7. Two-wheeled horse-drawn carriage [3]
- 8. Shape of a corkscrew, spiral staircase, or unpaired strand of DNA [7]
- 9. Latin shape-shifting god who has lent his name to several organisms, e.g. Amoeba [7]
- 10. Alt-med: one of seven centres of spiritual power in the human body [6]
- 11. In Greek mythology, the fluid that flows like blood in the veins of the gods [5]
- 13. In early medicine: Four fluids postulated to exist in balance in a healthy body [7]
- 15. Of the eye [5]
- 16. Unity [3]
- 18. Alt med: therapeutic system based on the belief that a wide variety of illnesses are caused by spinal misalignment [12]
- 20. Greek aniseed-flavoured spirit [4]
- 21. Tear [3]
- 22. Very common over-the-counter analgesic a.k.a. acetaminophen [11]
- 24. A nation's ships of war and their logistic support [4]
- 25. A recommendation from a famous person, usually of expertise unrelated to the product, who has been paid to say how good the product is [11]
- 26. & 61 down: The available body of trial outcomes or other information upon which a remedy should be assessed for efficacy [8, 4]
- 28. Expel from power [4]
- 31. Having a widely recognized and well-established brand; being a widely known and acknowledged person, especially for distinctive excellence [6]
- 32. In computers, an acronym for Disk Operating System [3]
- 33. In Greek mythology, she was seduced by Zeus in the form of a swan [4]
- 34. Microscopic unicellular fungus much used in brewing and baking [5]
- 35. Substance or procedure that has no therapeutic effect, used as a control in trialling new drugs or procedures [7]
- 39. Adjunct to sleep. A forty-year-old but still thriving scam claims that when magnetised, this product is useful in relieving arthritis. "Many well-conducted studies over the past three decades have shown that static magnetic devices offer no more or no less benefit than sham devices devoid of a magnet. These studies suggest that static magnetic therapy devices may not work at all beyond having a placebo effect on those who wear them." [8]
- 41. System of alternative medicine which says that diseases can be treated or prevented without drugs [11]
- 44. An amino sugar much touted for its effectiveness against arthritis. Clinical studies do not support such claims [11]

- 46. This Method is also referred to as Awareness Through Movement and Functional Integration [11]
- 47. Founder of Homeopathy [9]
- 48. Ubiquitous buzz term which loosely equates with "health" [8]
- 54. Complementary medicine which uses vanishingly small doses of natural substances that in larger amounts would produce symptoms of the particular ailment [10]
- 59. & 74 down: Silly and potentially dangerous practice of removal of earwax and other impurities using a partial vacuum created by a lit taper inserted in the ear canal [3, 8]
- 61. See 26 down
- 65. Disease which occurs when 103 across is lacking [6]
- 67. Pardon; exonerate [7]
- 68. Complementary medicine involving the treatment of medical disorders through the manipulation of skeleton and muscles [10]
- 70. Glucosamine is a popular but dubious remedy for this painful condition [9]
- 71. Towards a place of higher elevation [2]
- 73. Great delight, especially from one's own good luck or another's bad luck [4]
- 74. See 59 down
- 75. Skin condition characterized by red pimples on the skin, especially on the face [4]
- 79. Transparent optical component which separates white light into a spectrum of colours [5]
- 81. Commonly used herbal ingredient in cold remedies for which scientific support is ambiguous [9]
- 83. Promissory note [3]
- 84. Golf clubs with shorter shafts and smaller heads than woods [5]
- 85. Noises or ringing in the ears or head when no such external physical noise is present; many dubious alt-med remedies are touted
- 86. Caribbean country composed of many islands [7]
- 90. Curing [7]
- 93. A widespread scam that attempts to convince consumers that an ever-evolving list of food supplements is necessary to achieve what a healthy liver already does [5]
- 95. Fruit, (which according to folklore) when consumed daily is capable of reducing the frequency of medical practitioner home visits to zero [5]
- 98. One of many inter-connected hollow cavities within the skull [5]
- 99. A continuous pain [4]
- 102. Intention [3]
- 103. By way of [3]

### **SOLUTION**

Т		Р	S	Υ	С	Н	ı	С		S	U	R	G	Ε	R	Υ		Н	Υ	Р	0	С	R	ı	Т	Ε	S
E					Н			R			R		1	_				Ε		R		Н		C		_	
A	S	Н		R	Ε	F	L	Ε	Х	0	L	0	G	Υ			Α	L	L	0	Р	Α	Т	Н	Υ		С
С		U			L			Α		P		N						Ī		T		K		0			Н
U		М			A	R	0	М	Α	Т	Н	E	R	Α	Р	Υ		C		E		R		R			Ť
P	R	0	F	_	Т		U			ī			ı		Α		N	Α	Т	U	R	Α	L		Ε	R	R
		U			ı		Z			С	0	P	Р	E	R		Α	L	Ε	S					٧		О
	ı	R	ı	D	0	L	0	G	Υ		U				Α		٧		S		Р			L	ı	М	Р
		S	С	0	N	Ε			Ε	Р	S	0	М		С	R	Υ	S	Т	Α	L				D		R
Ν			0	S		D			Α		Т		Α	Р	Ε				ı		Α		G		Ε		Α
Α			Ν		0	Α	F	Ι	S	Н			Т		Т		W		М		С	0	L	0	N	Ι	С
Т	Α	Χ	ı				Ε		Т	Α	С	_	Т		Α	N	Ε	М	0	Ν	Ε		U		С		Т
U			С	Н	_	L	L			Н			R	U	Μ		L		N		В	0	С	С	Ε		ı
R				0			D		S	N	Α	K	Ε		0	_	L		I		0		0				С
0		Ε		Μ			Ε			Ε			S	0	L		N		Α				S		В		
Р	Ε	Α	K	Ε	D		N	0	R	Μ	S		S			Μ	Ε	Α	L	S		В	Α	N	Α	Ν	Α
Α		R		0			K			Α		0					S			С			Μ		S		В
Т				Р			R			Ν		S	Η	ı	Α	Т	S	כ		U	G	L	I	Ν	Ε	S	S
Н		С	Н	Α	R	L	Α	T	Α	Ν		T			R			Р	U	R	L		N				О
Υ	Ε	Α		Т			I		С		В	Ε	G	Α	T		Р			٧	Ε	Ν	Ε	R	Ε	Α	L
		Ν		Н	0	I	S	I	Ν			0			Н		R		Т	Υ	Ε				С		٧
В	Α	D	L	Υ		0		R	Ε	С	ı	Р	Ε		R	Ε	I	K	ı			Н	U	S	Н		Ε
Α		L				U	F	0		0		Α			ı		S		Ν			Ε			ı		
Н	Α	I	L	Ε	D			Ν	Α	G		T			T	С	М		N		S	Α	٧	Α	N	Τ	S
Α		N			Ε		Α	S	Р			Н			ı				ı			L			Α		
М	Α	G	Ν	Ε	T	ı	С		Р	R	Α	Υ	Ε	R	S		٧	1	T	Α	М	I	N		С		N
Α					0		Н		L		Ι						I		U			N			Α		U
S				Α	Χ	L	Ε		Ε		M	Ε	R	I	D	I	Α	N	S		Α	G	Ε	L	Ε	S	S